



## **Charlotte Robson - My Peritus Health story**

### **Occupational Health Technician**

I joined Peritus Health Management in June 2018 knowing very little about Occupational Health or Health Surveillance. After nearly 3 years into my service, I am the Occupational Health Surveillance Team Leader and Respiratory Lead, competent in all aspects of Health Surveillance such as Audiometry Health Surveillance, Drivers Medicals, Safety Critical Medicals, Drug & Alcohol Testing, HAVS Tier 3, Respiratory Health Surveillance and Face Fit Testing. If you wish to hear my story, please continue reading.

My first 4 weeks at Peritus were spent participating in thorough, theoretical, and practical training of Occupational Audiometry Hearing Surveillance, Respiratory Surveillance, Skin checks and HAVS tier 2. My training was fun, and I found during this time I built good, working relationships with my colleagues. After the 4 weeks I felt fully competent and capable to conduct the medicals alone. I had gained a significant amount of knowledge from my training and I found my colleagues were always willing to help and support me.

I was then introduced to the Safety Critical Workers Medical which I was immediately interested in. These medicals are varied and no 2 are the same. I found the theoretical and practical experience of these medicals challenging but extremely rewarding. I learned some of the advice and treatment given can have a significant impact on the lives of the individuals and for the better. Another 2 weeks of studying, researching and overall good, hard work followed, and I achieved Clinical sign off. I found this was a well-deserved achievement and I remember feeling incredibly proud of myself.

Following this, I then completed in house Drug and Alcohol and Face Fit training and I achieved the HAVS Tier 3 qualification at the University of Glasgow. All of this was within 18 months of working for the company.

Career progression and professional development is something which is strongly encouraged at Peritus Health Management and something my peers are incredibly supportive of. I expressed an interest into Respiratory Surveillance and Occupational Asthma and because of this my Clinical Lead arranged for me to attend an Occupational Asthma course in Birmingham. This then resulted in me becoming the Respiratory Lead at our company which also involves helping and supporting our clients further.

I am now able to share the knowledge and experience I have gained with the other Occupational Health Technicians and I do everything I can to make sure their work experience is as rewarding and enjoyable as I find mine is.

Another advantage of the Occupational Health Technician role is the travelling and experiences I've had. I have visited various places such as Somerset, Southampton, Belfast, London and many more. We are well looked after when we work away, our expenses are paid and everything possible is done to ensure our safety is maintained.

Overall, I am extremely grateful to Peritus Health Management for all the support and training they have given me. With their encouragement, I have achieved so much and gained numerous qualifications in a short period of time. I would recommend this role to individuals who have an interest in Occupational Health and Health surveillance but those who are also willing to work for a genuine and hard-working company.

Charlotte Robinson

Occupational Health Team Leader